



Cultural Capital



Cultural Capital at Wilson Stuart School

Our aim is to give children the knowledge and skills to prepare them for what comes next in their lives. Cultural Capital is the essential knowledge that children need to prepare them for their future success – we aim to give students every opportunity to participate in a wide range of learning experiences, all the time, within and beyond their classroom.

How Cultural Capital is delivered at Wilson Stuart School:

Cooking

- Students have a choice of what they would like to cook. This allows us to try various recipes from different cultures that students may eat at home. We also consider food preferences such as halal, so our students are aware that individuals have a right to choose their food based on their beliefs/culture.
- Health for life project: Learners have taken part in creating a vegetable patch on the field as part of the funded project to encourage healthy eating and activities. Students have investigated food that will grow in the climate in comparison to other climates and have used these in their Recipes. (Eating food in season)
- In cooking lessons, we try to incorporate celebrations and festivals such as Diwali themed food recipes, Remembrance Day, Thanksgiving, Halloween, and Chinese New Year. This allows learners to try new foods whilst learning about other cultures' celebrations.
- Shopping - food stores - availability. Students will shop for certain ingredients during recipe searches and in shops. Students need to find locations that will stock their items such as halal foods. Students look at location of shops such as butchers/bakers and identify why there may or may not be some in that area - linking to food availability and affluency of area.

