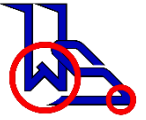




## PE in the Inspire Physical Development Curriculum Pathway

Wilson Stuart School  
A Special Academy



### Rationale:

Physical Education (PE) and Physical Development (PD) are a fundamental part of education at Wilson Stuart School, it is made up of three strands across the curriculum: PE/PD Lessons, Swimming and Physical ME in 45. It is more than just physical activity it about is educating each student through the physical and developing their understanding and skills. Its focus is specifically on improving and embedding essential life skills that will support each student to becoming as independent as potentially possible.

*"To provide quality experiences that grow young people's confidence, competence and motivation to be physically active for life, in a way which supports their health, wellbeing and supports them to meet the demands of their environment."*

It is our INTENT to deliver child centred PE curriculum which has an emphasis towards a fundamental skills-based approach, to develop their sensory and motor building blocks for learning to support them with their development towards adulthood. Students will be encouraged to develop an understanding for a healthy active lifestyle through a broad and balanced programme of adapted sports, activities and physical development programmes which will aim to engage and include all students to work and achieve together, developing transferable skills which can be applied to all areas of their learning journey.

We will be committed to inspire and challenge our children to become as independent learners as possible who value and respect themselves and others. All the intent links to the bigger picture of our school aims and values of preparing each student for adulthood and their individual personal development through our golden thread CIRCLE.

This knowledge, skills and positive character strengths will be IMPLEMENTED and developed in a PE supportive environment, with positive role models facilitating their learning through a broad and balanced curriculum that is personalised for their individual needs.

The IMPACT of pupil progress and success will be achieved by knowing each child's needs, making them feel safe and valued to learn at their own pace and level, ensuring that as they learn they know how to improve and realise what they need to do to be physically literate.

## Physical Development in the 'Inspire' Pathway

Intent	Implementation	Impact
<p>To have opportunities to:</p> <ol style="list-style-type: none"> <li>1. Support and promote physical and mental wellbeing to enjoy a full and long life.</li> <li>2. Maintain postural care management</li> <li>3. Develop/ maintain gross motor control</li> <li>4. Develop/ maintain fine motor control</li> <li>5. Develop mobility and/or transitions</li> <li>6. Access meaningful physical activity and sport</li> <li>7. Develop mental, emotional, physiological and spiritual wellbeing.</li> <li>8. Have a sense of belonging</li> <li>9. Be respected as an individual</li> <li>10. Be an active participant in their life</li> </ol>	<ul style="list-style-type: none"> <li>• Providing play opportunities for all students.</li> <li>• Through daily functional physical programmes (Move Programme)</li> <li>• Through a varied physical curriculum including swimming, Sherbourne movement, MATP</li> <li>• Through functional physical profiling around the student to create a cohesive understanding which could be digital and paper documentation.</li> <li>• Through postural care and repositioning throughout the day to ensure that the student's functional posture is being maintained.</li> <li>• Developing opportunities to explore fine motor skills and explore tactile development.</li> <li>• Providing opportunities to use a range of assistive technology products to meet mobility needs.</li> <li>• By providing opportunities to practice physical skills throughout the day</li> <li>• To have an opportunity to be involved in meaningful sport and participate in celebrations and or sport-specific activities appropriate for their ability levels.</li> <li>• Providing play opportunities for all learners</li> <li>• By consistently participating in group activities in class, wider school and wider community</li> </ul>	<p>The impact of the PMLD Pathway provision is demonstrated through the development of students who will:</p> <ul style="list-style-type: none"> <li>• Contribute</li> <li>• Have control over their lives to be active participants in their lives</li> <li>• Live happy, fulfilled and meaningful lives</li> <li>• Be recognised, visible and valued in school and wider community</li> <li>• Access a network of professionals and services</li> <li>• Be supported through transitions</li> </ul>

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|  | <ul style="list-style-type: none"><li>• By participating in hanging out programme where there is no agenda</li><li>• By contributing through participation and involvement in whole school events, being recognised for their abilities</li><li>• Access to familiar staff who are skilled to meet the individual needs of their learners.</li><li>• Mechanisms in place to activity share information around learners</li><li>• Being provided with opportunities to develop relationships with peers and wider staff around the school community</li><li>• A personalised approach to engagement in activities</li><li>• Ensuring health assessments are comprehensive and current which feed into health profiling.</li><li>• Staff being aware of sensory needs and or their sensory processing needs abilities and preferences.</li></ul> |  |
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